



Home Health & Hospice Services

- **Bi-lingual**—English/Spanish Clinical and Non-Clinical Staff available in every CC Home Health & Hospice location.
- **Skilled Nursing**—Registered Nurses (RN's) and Licensed Practical Nurses (LPN's) provide skilled nursing care to our patients.
- **Physical Therapy**—Physical Therapists (PT) work to increase the strength and mobility with the goal of increasing/restoring the independence of our patients.
- **Occupational Therapy**—Occupational Therapists help our patients regain independence in all aspects of daily living after a serious illness, injury or hospital stay.
- **Speech Therapy**—Speech Therapists work to restore our patients cognitive and communication skills including: memory, sequencing, problem solving, swallowing and oral motor control.
- **Medical Social Workers**—Our Medical Social Workers (MSW) help our patients locate and secure available local resources for a variety of services, including counseling and emotional support.



Providing Excellence
in Home Health
Hospice &
Personal Care Services

Skilled Care 24 Hours a Day/365 Days a Year

Medicare/Medicaid Certified

Serving the Community Since 1995

Hospice Guide

What is Hospice?

Hospice care is for the patient whose illness is no longer responding to aggressive curative therapies. Hospice addresses all the symptoms of the disease with special emphasis on controlling the patient's pain and discomfort. Hospice also deals with the emotional, social and spiritual impact of the disease on the patient, their family members and significant others.

The goal for Hospice Programs is to improve the quality of the patient's life. Our hospice brings a caring team into the patient's home with a concentrated focus on controlling pain, managing symptoms and providing comfort, dignity and quality of life.

Our hospice team consists of physicians, nurses, aides, social workers, spiritual caregivers, counselors, therapists and volunteers, all of whom are specially trained and work together to develop a personalized plan of care for each patient.

Who Qualifies for Hospice Services?

Any individual with life-limiting illness or end-stage disease such as:

- Alzheimer's
- Auto Immune Deficiency Syndrome (AIDS)
- Dementia
- Emphysema
- Kidney Disease
- Congestive Heart Failure (CHF)
- COPD
- Coronary Artery Disease
- Cancer
- Coma
- Liver Disease
- Parkinson's Disease

Who Pays for Hospice Care?

Medicare has a Hospice benefit for patients with a prognosis of six months or less if the disease runs its normal course. The Medicare Benefit is covered for longer than six months if the patient is re-certified as being terminally ill.

This benefit covers all the services, medications and equipment related to the terminal illness. Most insurance plans and managed care plans cover hospice services.



Home Health Guide

What is Home Health?

Home health care encompasses a wide range of services that are provided to recovering, disabled, and chronically or terminally ill persons in their home. Home health care providers deliver health care and supportive services, ranging from professional nursing, physical, occupational, and speech therapy, social services, medical equipment and supplies. Services for the treatment of medical conditions must be prescribed by an individual's physician.

Generally, home health care is appropriate whenever a person is confined to his/her home or prefers to stay at home, but needs ongoing care that cannot easily or effectively be provided by family and friends.

Who Qualifies for Home Health Care?

Home health care services are available for people of all ages and medical situations, not just for the elderly. Home health could be right for you if you are homebound, *(unable to leave your home/ residence without assistance)* and need skilled medical care or treatment that cannot be administered by a family member or non-skilled caregiver. You may be eligible for home health care if you:

- Have recently or frequently been hospitalized.
- Have a knowledge deficit relating to disease process, medication and/or diet.
- Have suffered an injury or illness that requires additional treatment.
- Have a medical condition that requires frequent assessment/monitoring such as: diabetes, stroke, heart or lung disease; or a chronic illness such as multiple sclerosis.
- Have low vision, cognitive or mobility issues and need help with personal care.
- Suffer from bedsores or wounds that do not seem to improve or heal.

Who Pays for Home Health?

Home health care services can be paid for by Medicare, Medicaid, some private insurance and private pay.





Personal Care Services

- **Attending Physician**—The physician plays a vital role in our patient's hospice plan of care, providing direct oversight of all treatments.
- **Trained Volunteers**—Our volunteer team provides companionship to our patients, allowing friends and family members the comfort of knowing the patient is not alone.
- **Credentialed Chaplains**—Our chaplains offer a unique style of spiritual ministry by working with terminally ill patients from all faith, traditions and cultures to bring a form of closure that is harmonious with their unique beliefs and wishes.
- **Home Health Aide**—Our aides provide hands-on help with the simple activities of daily living such as grooming, dressing, bathing, exercise, meal preparation and light housekeeping.
- **Medication & Equipment**—We provide all hospice related medications and equipment for our patients, as authorized under their payor program.

Our Personal Care Program provides services to persons who need help with day-to-day activities to allow them to be more independent in their own home. A personal care assistant is an individual trained to help persons with basic daily routines. Personal Care is also referred to as "Primary Home Care", "Personal Care Assistance" and/or "Primary Care Option".

Personal Care Services must be medically necessary and ordered by a physician. A person must need help to complete activities of daily living, have health-related tasks that they need help with or be in need of observation and/or redirection of behavior.

For more information about our services,
call your local Cuidado Casero office today!

Dallas/Ft. Worth, TX
(817) 640-0646

* **Austin, TX**
(512) 419-7738

Lubbock, TX
(806) 785-7903

El Paso, TX
(915) 772-7177

* **Anthony, NM**
(575) 882-3539

Fredericksburg, VA
(540) 898-2999

* Hospice Services not yet available

CC Home Health, Hospice & Personal Care admit patients without regard to race, color, national origin, handicap or age. Our admission criteria does not deny admission or service to people with communicable diseases, including but not limited to HIV, MRSA and Hepatitis B unless the state health department has concurred in the decision on a case-by-case basis.

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